



Pain Management – Spiritual Lamaze

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 Mother's Day
 Sunday, May 15, 2007

Being a mother...

Somebody said it takes about 6 weeks to get back to normal after you've had a baby...
 That somebody doesn't know that once you're a mother "normal" is history.

Somebody said you don't need an education to be a mother...
 That somebody has never helped a 4th grader with their math.

Somebody said being a mother is boring....
 That somebody has never rode in a car driven by a teenager with a drivers permit.

Somebody said the hardest part of being a mother is labor and delivery...
 That somebody has never watched her baby get on a bus for the 1st day of Kindergarten or on a plane headed for military boot camp.

Somebody said a mother can stop worrying after her child gets married...
 That somebody doesn't know that marriage adds a new son or daughter-in-law to a mothers heart string.

Somebody said a mothers job is done when her last child leaves home...
 That somebody has never had grandchildren.

Today's Message: Pain Management-Spiritual Lamaze

1) Coach Hebrews 13:5 NIV I will never leave you or forsake you... Romans 8:31 NIV If God is for us, who can be against us. Romans 8:35,37-39 NLT	4) Pillows Psalms 37:7 NKJV Rest in the Lord and wait patiently for Him. Isaiah 14:3 NKJV Matthew 11:29 NKJV Psalms 91:1 NKJV
2) Breathing Genesis 2:7 NLT Job 33:4 NLT Psalms 150:6 NLT	5) Medicine Proverbs 17:22 NKJV
3) Focal Point Psalms 119:11 NLT Psalms 119:105 NKJV Romans 10:17 NKJV	6) Position Psalm 23:1-2 NKJV Ephesians 6:11,13 NKJV I Timothy 2:8 NKJV Psalms 104:33 NKJV

RECAP

- Coach-Jesus
- Breathing-Keep Breathing
- Focal Point-God's Word
- Pillows-Find God's Rest
- Medicine-Keep Laughing
- Position-Position Yourself To Receive God's Help

Pain gets our full attention and brings us into a place of dependence upon God

Romans 8:18 NKJV