



God And Your Bod...

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Sunday, September 23, 2007

1Corinthians 6:19-20

Things appear larger than they really are...

"If God does not enter your kitchen, there is something wrong with your kitchen. If you can't take God into your recreation, there is something wrong with your play. We all believe in the God of the heroic. What we need most these days is the God of the humdrum, the commonplace, the everyday." - Peter Marshall Sr.

Genesis 2:7 NLT

The body is God's handiwork...

*The human heart beats over 100,000 times a day

*By the time you reach 70 years old, your heart has pumped blood through your body 3 billion times

*Your heart will have worked continuously without a break for that entire time

Psalms 139:14 NLT

Body Worshipers

Body Neglectors

Why are we talking about this in church?

The way you treat your body may impact the people that you love the most...

"I can't stand her-but I love God."

"I fought with him all week but I love God."

"I can't tolerate them but I love God."

Perspective...

How we treat our bodies is a spiritual issue.

1Corinthians 6:19-20 NIV

Your body is a temple...

Who is in you, whom you received from God...

You are not your own...

Honor God with your body...

Colossians 1:16 NIV

Why am I here?

What is the purpose of my life?

What is life all about?

-How much time and money do you spend on your physical body?

-Is that time and money honoring to God?

-Does that time, money and thought investment line up with the purpose of your body?

-What are you doing to keep your body in such a place physically that you can honor God with it?

-Will the way you are treating your physical body not allow you to complete God's purpose for your life?